

REMINDER: All C-R students will receive a breakfast and lunch at no cost for the 2023-2024 school year due to the Community Eligibility Provision Funded by the USDA

MARCH

Breakfast available everyday:
Assorted cereal, milk and juice daily
Menu subject to change



Ryder Elementary



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|--|
| <p>4 Day 6</p> <p>Chicken Patty on a Whole Grain Bun ----- Peanut Butter and Jelly Sandwich ----- Assorted Fruit ----- Scalloped Potatoes Spinach</p> | <p>5 Day 1</p> <p>Fish Sticks ----- Egg Salad Sandwich ----- Assorted Fruit ----- French Fries Broccoli</p> | <p>6 Day 2</p> <p>BBQ Pulled Pork Sandwich ----- Turkey and Cheese Sandwich ----- Assorted Fruit ----- Oven Baked Beans Mixed Vegetables</p> | <p>7 Day 3</p> <p>Breakfast Sandwich ----- Bologna and Cheese Sandwich ----- Assorted Fruit ----- Hashbrowns Carrots</p> | <p>8 Day 4</p> <p>Pizza ----- Sandwiches ----- Assorted Fruit ----- Assorted Vegetables Noodles</p> |
| <p>11 Day 5</p> <p>Chicken Nuggets Whole Grain Roll ----- Peanut Butter and Jelly Sandwich ----- Assorted Fruit ----- Mashed Potatoes Broccoli</p> | <p>12 Day 6</p> <p>Mozzarella Sticks with Dipping Sauce ----- Tuna Salad Sandwich ----- Assorted Fruit ----- Green Beans Mixed Vegetables Whole Grain Roll</p> | <p>13 Day 1</p> <p>BBQ Rib Sandwich ----- Ham and Cheese Sandwich ----- Assorted Fruit ----- Baked Beans Sweet Potatoes Corn</p> | <p>14 Day 2</p> <p>Pizza ----- Sandwiches ----- Assorted Fruit ----- Assorted Vegetables Noodles</p> | <p>15</p> <p>NO STUDENTS STAFF DEVELOPMENT DAY</p> |
| <p>18 Day 3</p> <p>Chicken Tenders Whole Grain Roll ----- Peanut Butter and Jelly Sandwich ----- Assorted Fruit ----- Sweet Potato Fries</p> | <p>19 Day 4</p> <p>French Toast ----- Egg Salad Sandwich ----- Assorted Fruit ----- Hashbrowns Beets</p> | <p>20 Day 5</p> <p>Hot Dog on a Whole Grain Roll ----- Bologna and Cheese Sandwich ----- Assorted Fruit ----- Baked Beans French Fries</p> | <p>21 Day 6</p> <p>Baked Pasta Whole Grain Roll ----- Turkey and Cheese Sandwich ----- Assorted Fruit ----- Green Beans California Blend Vegetables</p> | <p>22 Day 1</p> <p>Pizza ----- Sandwiches ----- Assorted Fruit ----- Assorted Vegetables Noodles</p> |
| <p>25 Day 2</p> <p>Popcorn Chicken Whole Grain Roll ----- Peanut Butter and Jelly Sandwich ----- Assorted Fruit ----- Rice Corn</p> | <p>26 Day 3</p> <p>Tacos ----- Tuna Salad Sandwich ----- Assorted Fruit ----- Cowboy Salsa Rice</p> | <p>27 Day 4</p> <p>Macaroni and Cheese ----- Turkey and Cheese Sandwich ----- Assorted Fruit ----- Broccoli Carrots</p> | <p>28 Day 5</p> <p>Pizza ----- Sandwiches ----- Assorted Fruit ----- Vegetables Mixed Greens</p> | <p>29</p> <p>NO SCHOOL GOOD FRIDAY</p> |