

REMINDER: All C-R students will receive a breakfast and lunch at no cost for the 2023-2024 school year due to the Community Eligibility Provision Funded by the USDA

FEBRUARY

Breakfast available everyday:
Assorted cereal, milk and juice daily

Menu subject to change



Ryder Elementary



Monday	Tuesday	Wednesday	Thursday	Friday
29 Day 5 Muffin ----- Chicken Nuggets Whole Grain Roll ----- Peanut Butter and Jelly Sandwich ----- Assorted Fruit ----- Mashed Potatoes Spinach	30 Day 6 Poptart ----- Mozzarella Sticks with Sauce Whole Grain Roll ----- Chicken Salad Sandwich ----- Assorted Fruit ----- Green Beans Mixed Vegetables	31 Day 1 Breakfast Pizza ----- BBQ Pulled Pork Sandwich ----- Ham and Cheese Sandwich ----- Assorted Fruit ----- Oven Baked Beans Coleslaw Broccoli	1 Day 2 Bagel with Cream Cheese ----- Baked Pasta with Meat & Cheese Whole Grain Roll ----- Turkey and Cheese Sandwich ----- Assorted Fruit ----- Carrots Peas	2 Day 3 Breakfast Cookie ----- Assorted Pizza ----- Assorted Sandwiches ----- Assorted Fruit ----- Mixed Vegetables Noodles
5 Day 4 Cereal Bar ----- Chicken and Biscuits with Gravy ----- Peanut Butter and Jelly Sandwich ----- Assorted Fruit ----- Mashed Potatoes Mixed Vegetables	6 Day 5 French Toast ----- Taco/Nacho Seasoned Meat Shells/Chips and Cheese ----- Tuna Salad Sandwich ----- Assorted Fruit ----- Cowboy Salsa Seasoned Rice	7 Day 6 Mini Cinnis ----- Fish Sandwich ----- Bologna and Cheese Sandwich ----- Assorted Fruit ----- Baked Beans Smile Potatoes	8 Day 1 Poptart ----- Cheese Filled Bread Sticks Side of Pasta ----- Turkey and Cheese Sandwich ----- Assorted Fruit ----- Mixed Greens Spinach	9 Day 2 Chocolate Swirl Bun ----- Assorted Pizza ----- Assorted Sandwiches ----- Assorted Fruit ----- Mixed Vegetables Noodles
12 Day 3 Strawberry Bagel ----- Sweet and Sour Chicken ----- Peanut Butter and Jelly Sandwich ----- Assorted Fruit ----- Rice Broccoli	13 Day 4 Mini Pancakes ----- Toasted Cheese Sandwich ----- Tuna Salad Sandwich ----- Assorted Fruit ----- Vegetarian Baked Beans Tomato Soup	14 Day 5 Yogurt and Fruit ----- Spaghetti and Meatballs Whole Grain Roll ----- Ham and Cheese Sandwich ----- Assorted Fruit ----- Mixed Greens Carrots	15 Day 6 Waffle Sticks ----- Lunchable Turkey/Cheese Sticks Crackers ----- Assorted Fruit ----- Carrots with Ranch Applesauce Cup	16 Day 1 Cinnamon Swirl Bun ----- Assorted Pizza ----- Assorted Sandwiches ----- Assorted Fruit ----- Mixed Vegetables Noodles
WINTER RECESS FEBRUARY 19 - 23				
26 Day 2 Poptart ----- Popcorn Chicken Whole Grain Roll ----- Peanut Butter and Jelly Sandwich ----- Assorted Fruit ----- Scalloped Potatoes Spinach	27 Day 3 Oatmeal ----- Hamburger/Cheeseburger Pickle Chips ----- Egg Salad Sandwich ----- Assorted Fruit ----- California Blend Vegetables Baby Cakes	28 Day 4 Muffin ----- Hot Dog on a Whole Grain Roll ----- Bologna and Cheese Sandwich ----- Assorted Fruit ----- Sweet Potato Puff Oven Baked Beans	29 Day 5 Donuts ----- Quesadilla Seasoned Rice ----- Ham and Cheese Sandwich ----- Assorted Fruit ----- Black Bean and Tomato Corn	1 Day 6 Apple Frudel ----- Assorted Pizza ----- Assorted Sandwiches ----- Assorted Fruit ----- Mixed Vegetables Noodles