

REMINDER: All C-R students will receive a breakfast and lunch at no cost for the 2023-2024 school year due to the Community Eligibility Provision Funded by the USDA

FEBRUARY

Golding Middle School

Breakfast available everyday:
Assorted cereal, milk and juice daily

Menu subject to change



Monday	Tuesday	Wednesday	Thursday	Friday
29 Day 5 Popcorn Chicken Whole Grain Roll ----- Peanut Butter and Jelly Sandwich ----- Assorted Fruit ----- Mashed Potatoes Spinach	30 Day 6 Breakfast for Lunch Mini Waffles Sausage Patty ----- Tuna Salad Sandwich ----- Assorted Fruit ----- Sweet Potatoes Hash Browns	31 Day 1 Taco/Nacho Seasoned Meat Seasoned Rice Shredded Cheese/Cheese Sauce ----- Turkey and Cheese Sandwich ----- Assorted Fruit ----- Lettuce Cup Corn, Black Beans + Tomatoes	1 Day 2 Ham and Cheese on a Pretzel Bun ----- Bologna and Cheese Sandwich ----- Assorted Fruit ----- Tator Tots Baked Beans	2 Day 3 Assorted Pizza ----- Assorted Sandwiches ----- Assorted Fruit ----- Mixed Greens Broccoli
5 Day 4 Chicken Tenders Whole Grain Roll ----- Peanut Butter and Jelly Sandwich ----- Assorted Fruit ----- Mashed Potatoes Carrots	6 Day 5 Quesadilla Seasoned Rice ----- Tuna Salad Sandwich ----- Assorted Fruit ----- Black Bean and Tomato Corn	7 Day 6 Hamburger/Cheeseburger ----- Turkey and Cheese Sandwich ----- Assorted Fruit ----- French Fries Green Beans	8 Day 1 BBQ Pulled Pork Sandwich ----- Bologna and Cheese Sandwich ----- Assorted Fruit ----- Baked Beans Tator Tots	9 Day 2 Assorted Pizza ----- Assorted Sandwiches ----- Assorted Fruit ----- Mixed Greens Broccoli
12 Day 3 Chicken Patty on a Whole Grain Bun ----- Peanut Butter and Jelly Sandwich ----- Assorted Fruit ----- Mashed Potatoes Sweet Potatoes	13 Day 4 Mozzarella Sticks Baked Pasta ----- Tuna Salad Sandwich ----- Assorted Fruit ----- Mixed Greens Corn	14 Day 5 Chicken and Biscuits with Gravy ----- Turkey and Cheese Sandwich ----- Assorted Fruit ----- Cranberry Sauce Mashed Potatoes Mixed Vegetables	15 Day 6 Breakfast for Lunch French Toast Sticks Sausage Patty ----- Bologna and Cheese Sandwich ----- Assorted Fruit ----- Hash Browns Baked Beans	16 Day 1 Assorted Pizza ----- Assorted Sandwiches ----- Assorted Fruit ----- Mixed Greens Broccoli
WINTER RECESS FEBRUARY 19 - 23				
26 Day 2 Chicken Nuggets Whole Grain Roll ----- Peanut Butter and Jelly Sandwich ----- Assorted Fruit ----- Mashed Potatoes Broccoli	27 Day 3 Hot Dog on a Bun Mac & Cheese ----- Tuna Salad Sandwich ----- Assorted Fruit ----- Baked Beans Green Beans	28 Day 4 Taco/Nacho Seasoned Meat Seasoned Rice Shredded Cheese/Cheese Sauce ----- Turkey and Cheese Sandwich ----- Assorted Fruit ----- Lettuce Cup Corn, Black Beans + Tomatoes	29 Day 5 Grilled Cheese Sandwich ----- Bologna and Cheese Sandwich ----- Assorted Fruit ----- Tomato Soup Peas	1 Day 6 Assorted Pizza ----- Assorted Sandwiches ----- Assorted Fruit ----- Mixed Greens Broccoli