

REMINDER: All C-R students will receive a breakfast and lunch at no cost for the 2023-2024 school year due to the Community Eligibility Provision Funded by the USDA

# FEBRUARY

Breakfast available everyday:  
Assorted cereal, milk and juice daily

Menu subject to change



## C-R High School



Monday	Tuesday	Wednesday	Thursday	Friday
<b>29 Day 5</b> Popcorn Chicken Whole Grain Roll ----- Peanut Butter and Jelly Sandwich ----- Assorted Fruit ----- Mashed Potatoes Green Beans Side Salad	<b>30 Day 6</b> BBQ Rib Sandwich ----- Tuna Salad Sandwich ----- Assorted Fruit ----- Tator Tots Baked Beans Side Salad	<b>31 Day 1</b> Chili Cornbread ----- Turkey and Cheese Sandwich ----- Assorted Fruit ----- Corn Side Salad	<b>1 Day 2</b> Chicken Fajitas Seasoned Rice ----- Ham and Cheese Sandwich ----- Assorted Fruit ----- Cowboy Salsa Side Salad	<b>2 Day 3</b> Assorted Pizza ----- Assorted Sandwiches ----- Assorted Fruit ----- Carrot Sticks Garlic Pasta
<b>5 Day 4</b> Chicken Tenders Whole Grain Roll ----- Peanut Butter and Jelly Sandwich ----- Assorted Fruit ----- Mashed Potatoes Corn Side Salad	<b>6 Day 5</b> Pulled Pork on a Whole Grain Bun ----- Tuna Salad Sandwich ----- Assorted Fruit ----- Curly Fries Baked Beans Side Salad	<b>7 Day 6</b> Toasted Cheese Sandwich Tomato Soup ----- Turkey and Cheese Sandwich ----- Assorted Fruit ----- Broccoli Side Salad	<b>8 Day 1</b> Breakfast for Lunch Pancake Bites Sausage Links ----- Ham and Cheese Sandwich ----- Assorted Fruit ----- Baby cakes Squash	<b>9 Day 2</b> Assorted Pizza Soup ----- Assorted Sandwiches ----- Assorted Fruit ----- Celery with Peanut Butter Beets
<b>12 Day 3</b> Chicken Patty on a Whole Grain Bun ----- Peanut Butter and Jelly Sandwich ----- Assorted Fruit ----- Mashed Potatoes Green Beans Side Salad	<b>13 Day 4</b> Chicken Quesadilla Seasoned Rice ----- Tuna Salad Sandwich ----- Assorted Fruit ----- Black Bean Salsa Side Salad	<b>14 Day 5</b> Mozzarella Sticks with Dipping Sauce Pasta with Sauce ----- Turkey and Cheese Sandwich ----- Assorted Fruit ----- Broccoli Garlic Roll Side Salad	<b>15 Day 6</b> Chicken and Biscuits with Gravy ----- Ham and Cheese Sandwich ----- Assorted Fruit ----- Sweet Potatoes Mixed Vegetables Side Salad	<b>16 Day 1</b> Assorted Pizza ----- Assorted Sandwiches ----- Assorted Fruit ----- Pasta with Sauce Carrot Sticks
<b>WINTER RECESS FEBRUARY 19 - 23</b>				
<b>26 Day 2</b> Chicken Nuggets Whole Grain Roll ----- Peanut Butter and Jelly Sandwich ----- Assorted Fruit ----- Mashed Potatoes Corn Side Salad	<b>27 Day 3</b> Cheeseburger Fries ----- Tuna Salad Sandwich ----- Assorted Fruit ----- Baked Beans Pickle Cups Side Salad	<b>28 Day 4</b> Fish Sticks Mac and Cheese Whole Grain Roll ----- Turkey and Cheese Sandwich ----- Assorted Fruit ----- Carrots Side Salad	<b>29 Day 5</b> Meatball Sub Pasta with Sauce ----- Ham and Cheese Sandwich ----- Assorted Fruit ----- Green Beans Side Salad	<b>1 Day 6</b> Assorted Pizza Soup ----- Assorted Sandwiches ----- Assorted Fruit ----- Celery with Peanut Butter