

REMINDER: All C-R students will receive a breakfast and lunch at no cost for the 2023-2024 school year due to the Community Eligibility Provision Funded by the USDA



JANUARY

Golding Middle School

Breakfast available everyday:
Assorted cereal, milk and juice daily
Menu subject to change



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p>  <p>No School</p>	<p>2 Day 5</p> <p>Popcorn Chicken Whole Grain Roll ----- Peanut Butter and Jelly Sandwich ----- Assorted Fruit ----- Mashed Potatoes Broccoli</p>	<p>3 Day 6</p> <p>Taco/Nacho Seasoned Meat Shredded Cheese & Cheese Sauce Seasoned Rice ----- Turkey and Cheese Sandwich ----- Assorted Fruit ----- Corn, Lettuce Cups, Tomato and Black Beans</p>	<p>4 Day 1</p> <p>Ham and Cheese on a Pretzel Bun ----- Bologna and Cheese Sandwich ----- Assorted Fruit ----- Baked Beans Tator Tots</p>	<p>5 Day 2</p> <p>Assorted Pizza ----- Assorted Sandwiches ----- Assorted Fruit ----- Carrots Mixed Greens</p>
<p>8 Day 3</p> <p>Chicken Tenders Whole Grain Roll ----- Peanut Butter and Jelly Sandwich ----- Assorted Fruit ----- Mashed Potatoes Carrots</p>	<p>9 Day 4</p> <p>Mozzarella Sticks Baked Pasta ----- Tuna Sandwich ----- Assorted Fruit ----- Broccoli Corn</p>	<p>10 Day 5</p> <p>Chicken and Biscuits with Gravy ----- Turkey and Cheese Sandwich ----- Assorted Fruit ----- Mashed Potatoes Mixed Vegetables</p>	<p>11 Day 6</p> <p>Hamburger/Cheeseburger on a Whole Grain Bun ----- Bologna and Cheese Sandwich ----- Assorted Fruit ----- French Fries Corn</p>	<p>12 Day 1</p> <p>Assorted Pizza ----- Assorted Sandwiches ----- Assorted Fruit ----- Carrots Mixed Greens</p>
<p>15</p> <p>Martin Luther King Jr. Day</p>  <p>No School</p>	<p>16 Day 2</p> <p>Chicken Nuggets Whole Grain Roll ----- Peanut Butter and Jelly Pocket ----- Assorted Fruit ----- Corn Mashed Potatoes and Gravy</p>	<p>17 Day 3</p> <p>Breakfast for Lunch French Toast Sticks Sausage Patty ----- Turkey and Cheese Sandwich ----- Assorted Fruit ----- Butternut Squash Hashbrowns</p>	<p>18 Day 4</p> <p>Grilled Cheese ----- Bologna and Cheese Sandwich ----- Assorted Fruit ----- Tomato Soup Peas</p>	<p>19 Day 5</p> <p>Assorted Pizza ----- Assorted Sandwiches ----- Assorted Fruit ----- Mixed Greens Baked Beans</p>
<p>22 Day 6</p> <p>Chicken Patty on a Whole Grain Bun ----- Peanut Butter and Jelly Pocket ----- Assorted Fruit ----- Mashed Potatoes Broccoli</p>	<p>23 Day 1</p> <p>Hot Dogs on a Whole Grain Bun Mac & Cheese ----- Tuna Sandwich ----- Assorted Fruit ----- Baked Beans Green Beans</p>	<p>24 Day 2</p> <p>Fish Fillet on a Whole Grain Bun ----- Turkey and Cheese Sandwich ----- Assorted Fruit ----- Coleslaw Peas</p>	<p>25 Day 3</p> <p>Quesadilla Seasoned Rice ----- Bologna and Cheese Sandwich ----- Assorted Fruit ----- Black Bean and Tomato Corn</p>	<p>26 Day 4</p> <p>Assorted Pizza ----- Assorted Sandwiches ----- Assorted Fruit ----- Carrots Mixed Greens</p>